



## THE IMPROV SHOP

**LEARN & DEVELOP:**

- SPONTANEITY • ACTIVE LISTENING • EMPATHY • NEUTRALITY**
- RESPONSIVENESS • AWARENESS OF BODY, MIND & VOICE**
- INTERCULTURAL COMMUNICATION**

***The best times in  
life are usually  
Random,  
Unplanned &  
Completely  
Spontaneous!***

## WHAT IS IMPROV?

- Improv is short for Improvisation.
- Improv means to speak, compose, execute without any previous preparation.
- When there is NO Script.
- On the Spot Communication.
- Its about being quick on your feet (spontaneous).
- We improvise in our daily lives.

# IMPROV HELP

## TENETS OF IMPROV

- Let go of your agenda.
- Listen in order to receive.
- Build on what you receive.
- You can't be wrong.
- Make your partner look brilliant.
- Keep moving forward.

How

IMPROVE LIVES

## TENETS OF IMPROV?

- ACTIVE LISTENING.
- YES AND, YES BUT, NO BECAUSE for an idea or conversation to move Forward.
- MAKE YOUR PARTNER LOOK GOOD.
- ALWAYS BE AWARE.
- RESPOND, DON'T REACT. LISTEN, DON'T TALK. THINK, DON'T ASSUME.

# BENEFITS OF IMPROV



## IMPROV IMPROVES TEAM DYNAMIC AND LEADERSHIP SKILLS:

### IMPROV IMPROVES THE WAY YOU PERCEIVE YOURSELF & THE WAY PEOPLE PERCEIVE YOU:

- **YES, AND** builds an idea and can be the antidote to workplace negativity.
- There is safety in saying '**NO**', but when you say **YES, AND**, with an energy of agreement, you transform the way people perceive you.
- Emphasis is on **MAKING YOUR PARTNER LOOK GOOD**.
- It may be your Partner, your apprentice or your Manager.
- If they look good, then you look good, and then the team looks good.

# BENEFITS OF IMPROV



**IMPROV IMPROVES YOUR FUN QUOTIENT:**





# 1 HOUR SEMINAR WITH "SAAD KHAN"

THE CREATOR & HOST OF INDIA'S  
POPULAR LIVE IMPROVISATIONAL  
COMEDY SHOW - **THE IMPROV**

VENUE: TBD

DAY: TBD

DATE: TBD



Wrote and Directed the critically acclaimed and commercially successful feature film '**HUMBLE POLITICIAN NOGRAJ**' starring Danish Sait and produced by KIRIK PARTY star Rakshit Shetty. Released in 2018 across the World,HPN became the **First Kannada film** to achieve world-wide digital audience on **Amazon Prime**.



Assisted **Oscar nominated Filmmaker Ashutosh Gowariker** on 'Khelein Hum Jee Jaan Sey'.



**Creator & Host** of India's most Popular Live Improvisational Comedy Show **THE IMPROV** performing over **300 shows** across the globe for public, private and corporate audiences.



**Founder of TISH** - a corporate training program using Improv techniques crafted to help business professionals become quick on their feet, learn empathy, active listening and responsiveness.



As an **Acting Teacher**, trained Artists such as Sumukhi Suresh, Kenny Sebastian, Samyukta Hornad, Ria Nalavade and **many successful performers**.



Written and Directed over a dozen **acclaimed Ad Films** for many brands.



Saad's first short film 'Another Kind of Black' was selected and **screened at the Short Film Corner** of the **prestigious Cannes Film Festival**.



Wrote and Directed Bengaluru's First Hindi Feature Film 'STATION' which was theatrically **released by PVR** Director's Rare across 8 Indian Cities in 2014.

# THE SEMINAR WILL COVER...

- Meaning of **IMPROV**
- Use of **IMPROV** for business professionals.
- **TISH** is an outcome-oriented Training Program designed for Business Professionals, Corporate Leaders & Executives and Organisations & Institutions, that can use 'Improvisation' as an energetic channel to:
  - > Listen, and not just hear
  - > Strengthen connections
  - > Build on existing relationships
  - > Be open to innovation, adapting and accepting each others' ideas
  - > Facilitate quick thinking on your feet
  - > Deal with 'conflict' and 'change' effectively Handle customers with care
  - > Being less judgmental and focus on healthy competition
  - > Improve inter-cultural communication
  - > Understand non-verbal gestures, word context and urban jargon

# AT THE SEMINAR...

SAAD will request 1 or 2 participants from the Audience to join him on stage and using Improv Exercises, they will have a spontaneous, fun engagement.





# AT THE SEMINAR...

SAAD will also present to the Audience what will happen in the 2 Day Improv Training Program.

## **IMPROV BASICS:**

- BODY, MIND AND VOICE WARM-UPS & ENERGIZERS
- IMPROV EXERCISE FOR SELF-AWARENESS
- SIMULATION EXERCISE EXPLORING FILLER TALK WITH REGULAR & FOREIGN CUSTOMERS/CLIENTS

## **YES AND, YES BUT & ACTIVE LISTENING, NO BECAUSE:**

- STORYTELLING + IMPROV | ACCEPTING IDEAS
- NOT LISTENING VS LISTENING | PRACTICE AGREEING
- INTERACTIVE BODY LANGUAGE | USING IMAGINATION

## **EMPATHY & TRUST:**

- REPETITION EXERCISE IN PAIRS
- EMOTIONAL INDUCTION BY YOUR PARTNER
- SHARING EMPATHY, BEING AWARE ABOUT ONESELF & OTHERS
- EXPLORE RANGE OF EMOTIONS FROM AGGRESSIVE TO NEUTRAL TO SUBMISSIVE

## **AWARENESS:**

- RESPOND, NOT REACT
- BEING IN THE MOMENT
- ROLE PLAY EXERCISE: BE IN YOUR CLIENT'S SHOES
- APPLY ALL THE ELEMENTS LEARNED

## **HUMOUR:**

- HOW TO HAVE FUN FIRST FOR THE HUMOUR TO COME OUT WITHOUT TRYING TOO HARD

# AT THE SEMINAR...

**Saad will give a glimpse to the group about the Outcome & why THE IMPROV SHOP is beneficial for their employees by taking them through a few ROI pointers.**

- > THE IMPROVISATION SEED WILL BE PLANTED IN THE WORK ECOSYSTEM WHICH WILL HELP EMPLOYEES LISTEN BETTER INTERNALLY AND WITH CLIENTS. INDIVIDUAL REVIEW OF EACH PARTICIPANT WILL BE DONE AT THE END OF THE IMPROV SHOP.
- > TISH WILL MAKE THE PARTICIPANTS REALIZE THE IMPORTANCE OF HAVING SPONTANEITY, AND KNOWING THAT, LIKE COMMUNICATION, IMPROVISATION HAS TO BE PRACTICED, PERSISTENTLY.
- > THE REVIEW AT THE END OF THE PROGRAM WILL TAKE THE PARTICIPANT AND HIS/HER SUPERVISOR THROUGH THE POSITIVES AND THE IMPROVEMENT AREAS OF THE PARTICIPANT.
- > TISH WILL DEMONSTRATE HOW IMPORTANT EMPATHY IS WHEN DEALING WITH CLIENTS AND WITH COLLEAGUES. BEING EXPRESSIVE IN THE WORK ENVIRONMENT IS IMPORTANT SO THAT - YOU DON'T TREAT IT LIKE JUST A 'DAY JOB'.
- > THE PARTICIPANT WILL BE GIVEN POINTERS AND MORE EXERCISES THAT WILL BETTER HIS/HER SPONTANEITY, EMPATHY AND OVERALL INTERACTIVITY WITH CLIENTS AND EVEN INTERNALLY WITH CO-WORKERS.
- > THE PARTICIPANTS WILL BE MEASURED ON THEIR: SPONTANEITY, COMMUNICATION SKILLS, NEUTRALITY (HOW TO BE NEUTRAL IN AGGRESSIVE OR TOUGH SITUATIONS), ACTIVE LISTENING, BEING PRESENT IN A CONVERSATION, EMPATHY, RESPONSIVENESS AND AWARENESS OF BODY, MIND & VOICE.

# AT THE SEMINAR...

**Saad will give a glimpse to the group about the Outcome & why THE IMPROV SHOP is beneficial for their employees by taking them through a few ROI pointers.**

> THE IMPROV SHOP WILL HAVE ROLE PLAYS & SIMULATION EXERCISES. THESE WILL PUT PARTICIPANTS/EMPLOYEES IN A SPOT (VARIOUS CONTEXTUAL SCENARIOS) AND HELP THEM DEVELOP THEIR SPONTANEITY, LISTENING, EMPATHY, & INTERACTION WITH CLIENTS AT MANY LEVELS.

> ALL EXERCISES DONE AT THE IMPROV SHOP ARE OUTCOME ORIENTED AND EVERY EXERCISE CAN BE IMPLEMENTED AS A PRACTICE EXERCISE ON THE FLOOR.

> WITH PERSISTENT PRACTICE, THE IMPROV SHOP ASSURES THAT THE PARTICIPANTS WILL DEVELOP AND IMPROVE THEIR SPONTANEITY, LISTENING SKILLS & EMOTIONAL AWARENESS & RESPONSIVENESS.

> EXERCISES DONE IN PAIRS AT THE IMPROV SHOP WILL HELP PARTICIPANTS UNDERSTAND THE IMPORTANCE OF NEUTRALITY (HOW TO BE NEUTRAL IN AGGRESSIVE OR TOUGH SITUATIONS WITH CLIENTS OR EVEN INTERNALLY) IN REAL-TIME SCENARIOS.

> TISH WILL REQUIRE PARTICIPANTS TO LOSE INHIBITIONS AND DIVE INTO CONVERSATION WITHOUT THINKING FIRST, AND THEN LISTENING CLEARLY, AND THEN RESPONDING RATHER THAN REACTING. THIS WILL ALLOW THEM TO BE COMFORTABLE WHILE TAKING RISKS.

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**Q&A**

**WITH THE AUDIENCE**

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# Improv Makes You More Expressive at Work

[PROMO VIDEO OF TISH](https://vimeo.com/261881017)

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THANK YOU!

*\*\*All Improv ideas, suggestions, techniques and methods mentioned in the attached document are property of Centerstage Studios and have been shared in good faith and should not be used or executed without the prior permission or written consent from Centerstage Studios\*\**